Raising Climate Warriors: Cultivating Eco-Conscious Families & Communities

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Acknowledgement of **Country**

The University of Queensland (UQ) acknowledges the Traditional Owners and their custodianship of the lands on which we meet.

We pay our respects to their Ancestors and their descendants, who continue cultural and spiritual connections to Country.

We recognise their valuable contributions to Australian and global society.



SUSTAINABLE GALS





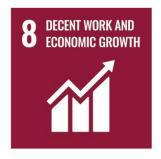
























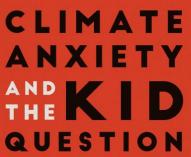












Deciding Whether to Have Children **Uncertain Future**

JADE S SASSER





She speaks of the interconnected social

"Even though it's barely spoken

about, there are correlations between rising prices and the fact that we're

having harvest issues, for example. You can't decouple the cost of living crisis

from the climate crisis," she says. And

that gives me anxiety because I wonder

going to continue for the rest of my life?"

Caitlin Fave Maniti, a fellow climate

Cowley-Cunningham highlights

that while teenagers and young people

in the global north may worry about

the oil company

rint in a 2005

scene for a surge in

anging climate and

stop its impacts.

them to be part of the solution legislatively, showing them how they can advocate for change locally regionally, or internationally COPING WITH CLIN Michelle Cowley-Cunningham, a research psychologist at Dublin City University, who recently published a paper on climate anxiety and children's THE PSYCHOLOGICAL POINT rights, alongside Dr Elaine Rogers from the University of Limerick and Dr Alexis Carey from Jigsaw, the National Centre OF VIFW for Youth Mental Health

and psychologists are finally giving i

the attention it deserves," Cowley-

The couples rethinking kids because of climate change

Want to fight climate change? Have fewer children

To Breed or Not to Breed?

Meehan Crist In a world of pandemic chaos, political strife and climate catastrophe, some would-be parents see the future as too dark to

Climate change is making people think twice about having children

Is it OK to have a child?



Fears of climate change 'apocalypse' are stopping young people having children and 60 percent say they are worried their kids could ADD to the crisis, new study claims

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OCASIO-CORTEZ: IS IT OKAY TO HAVE CHILDREN?

Should We Be Having Kids In The Age Of Climate

Having kids is terrible for the environment, so I'm not having any

How Climate Anxiety Is Shaping Family Planning

BirthStrike: The people refusing to hav kids, because of 'the ecological crisis'

If climate change is impacting your desire to have kids, you're not

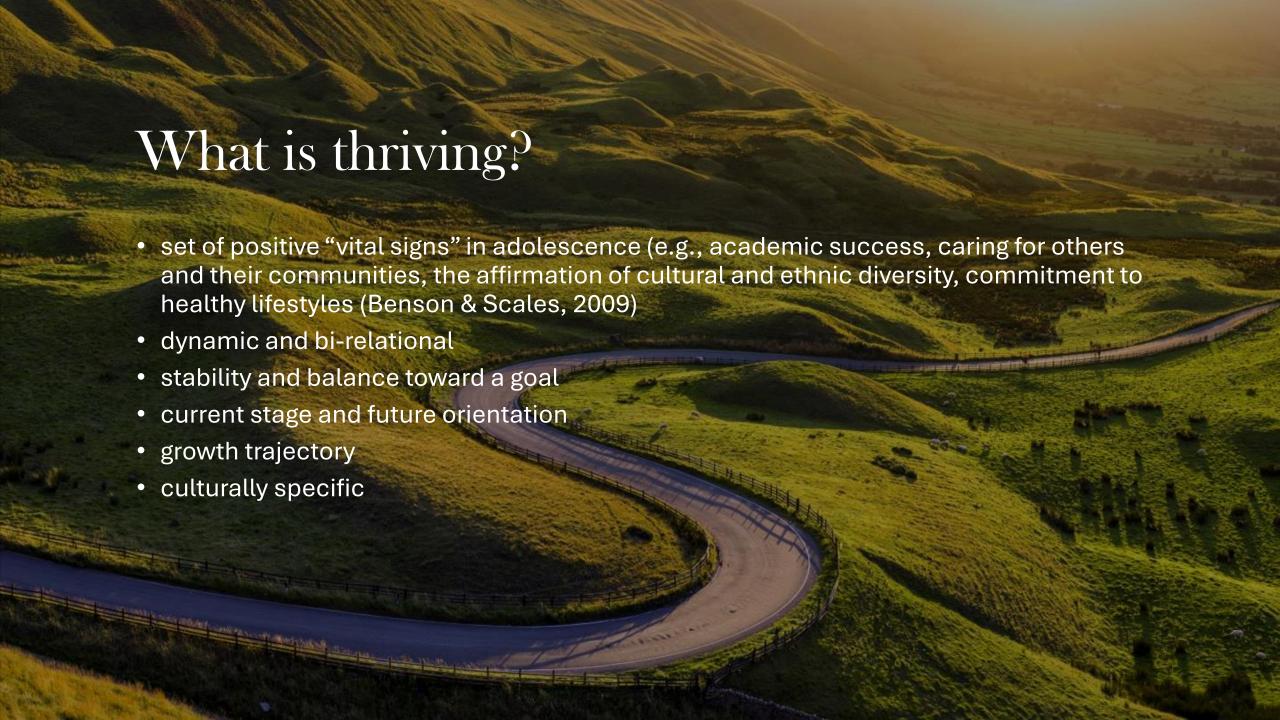
The ethics of having children during a climate emergency

Want to help combat climate change? Have one less child, study says

Would you give up having children to save the planet? Meet the couples who have

> Climate fears give the young second thoughts about having children

Eco-anxiety: Fear of climate change stopping young people having children



- Critical thinking and decision making
- Planning and problem solving
- Taking care of your mental health
- Being flexible and adaptive to change
- Having a positive outlook
- Communication well with others
- Being caring
- Being confident in your personal capacity
- Speaking up and sharing ideas
- Contribute to the well-being of community



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REVIEW ARTICLE



Connecting families, schools, and communities: A systems-contextual approach to sustainable futures for children

April Hoang | Matthew R. Sanders | Karen M. T. Turner | Alina Morawska Vanessa Cobham | Carys Chainey | Erik Simmons

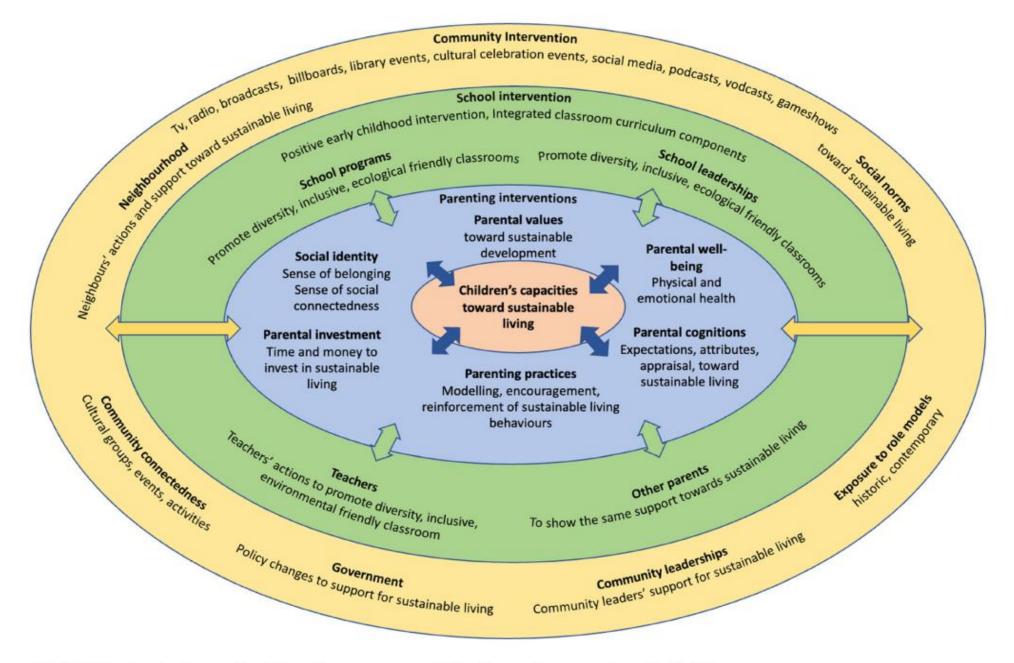
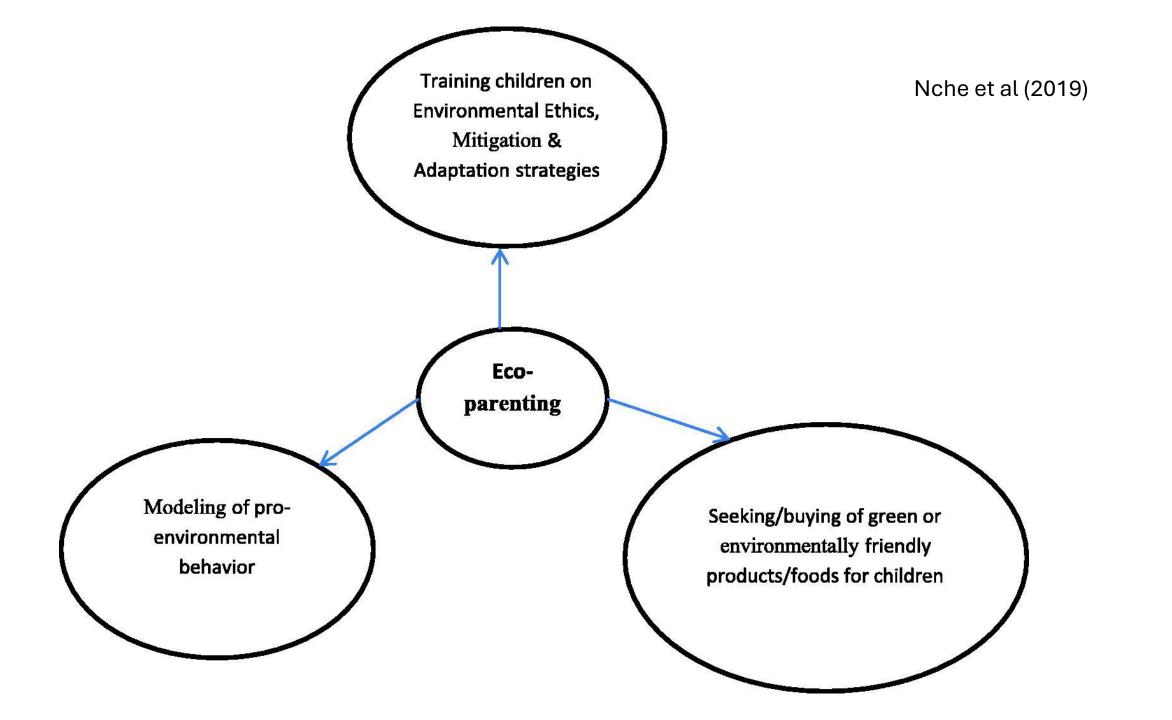


FIGURE 2 A collective model of joint efforts to promote children's capacities toward sustainable living.







Parent characteristics & environmental practices

Green parenting

Child environmental behaviour

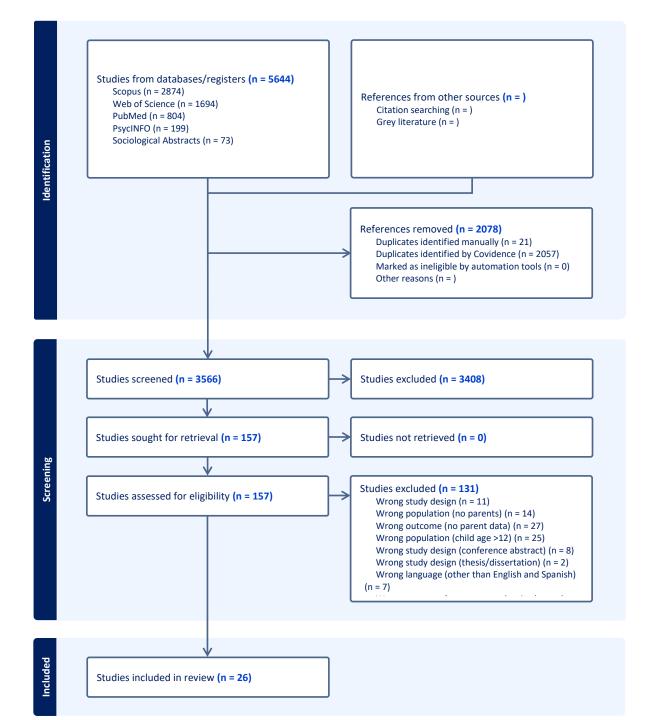
Specific parenting practices & actions

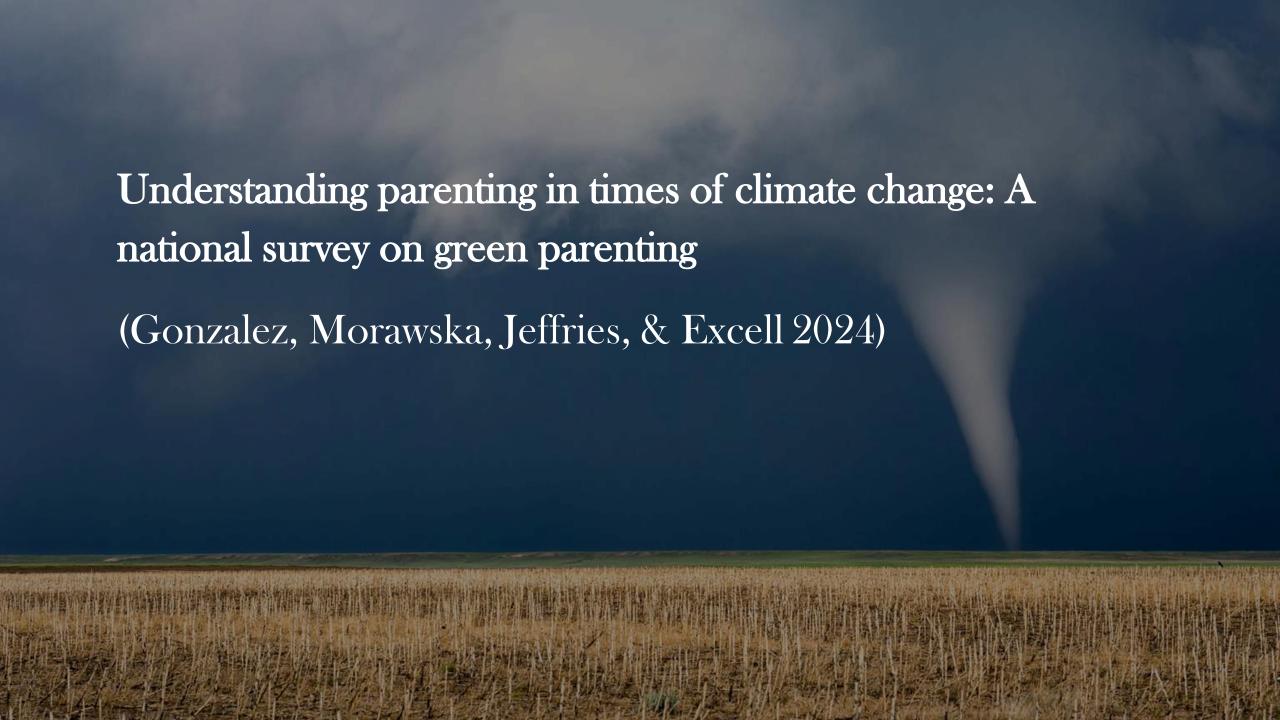
- Parental modelling
- Communication with children
 - Incidental teaching
 - Explicit instruction
- Encouragement/facilitation
- Exposure to nature
- Advocacy





A scoping review of green parenting: Parents as promoters of their children's proenvironmental attitudes and behaviours (Gonzalez, Morawska, Jeffries, 2024)





Green Parenting Practices Scale

I use reusable containers for my child's childcare or school lunch.

I talk to my child about the effects of climate change.

I praise my child when they take part in environmentally friendly practices at home.

I encourage my child to participate in clubs/activities that promote 'green' behaviour.

I take my child to visit natural environments such as parks or forests.

I teach my child what and how to recycle.



- Clarity of definitions
- Lack of longitudinal studies
- Links between parenting and child outcomes
- Focus on younger children
- Lack of evidence-based parent support strategies
- WEIRD focus

